

Ludlow Sprint Triathlon 2018 RESULTS

Overall Position	Race No	Athlete Name	Gender	Overall Gender Position	Category	Category Position	Club	Swim	Overall Swim Position	T1	Cycle	Overall Cycle Position	T2	Run	Overall Run Position	Finish Time	Time Difference
1	417	Kevin Lane	M	1	Veteran	1	Success Cycling	00:05:19	1	00:01:12	00:42:23	2	00:00:33	00:23:44	4	01:13:11	
2	402	Jack WILSON	M	3	Open	1	Teme Leisure Tri	00:06:57	29	00:01:25	00:42:17	1	00:00:41	00:23:53	5	01:15:13	+00:02:02
3	399	Robin WOODS	M	5	Veteran	2	Builth & District Run Club	00:06:28	14	00:01:13	00:45:09	9	00:00:32	00:22:41	1	01:16:03	+00:02:52
4	405	Rob KERR	M	7	Open	2	SY Tri	00:07:10	39	00:01:26	00:44:15	4	00:00:32	00:23:36	3	01:16:58	+00:03:47
5	291	David Mole	M	8	Veteran	3		00:07:22	56	00:01:14	00:43:34	3	00:00:36	00:24:29	8	01:17:15	+00:04:04
6	394	SIMON NORWOOD	M	9	Veteran	4	HEREFORD TRI CLUB	00:06:28	15	00:02:03	00:44:17	5	00:00:50	00:25:10	13	01:18:48	+00:05:37
7	307	Gareth Leek	M	10	Open	3	Teme Leisure Tri	00:07:54	104	00:01:29	00:44:22	6	00:00:45	00:24:49	11	01:19:18	+00:06:07
8	373	Christian Jones	M	12	Veteran	5	HEREFORD TRI CLUB	00:07:35	75	00:01:51	00:45:21	10	00:00:44	00:24:04	7	01:19:35	+00:06:24
9	406	Simon ROMEI	M	14	Veteran	6	Total Tri Training	00:07:12	43	00:01:22	00:47:30	20	00:00:36	00:23:29	2	01:20:08	+00:06:57
10	365	ANDREW BIRCH	M	17	Veteran	7		00:06:40	18	00:01:36	00:47:46	22	00:00:47	00:24:44	9	01:21:32	+00:08:21
11	366	Gary Walters	M	18	Veteran	8	Teme Leisure Tri	00:07:26	63	00:01:44	00:44:57	8	00:00:59	00:26:39	25	01:21:43	+00:08:32
12	150	Alan Mayo- Evans	M	20	Open	4		00:09:11	199	00:01:45	00:46:09	12	00:00:41	00:23:59	6	01:21:43	+00:08:32
13	392	Tim Lake	M	22	Veteran	9	Black Country Triathletes	00:07:15	49	00:01:31	00:47:19	19	00:00:33	00:25:52	17	01:22:29	+00:09:18
14	418	Andy Lewis	M	23	Open	5		00:06:01	4	00:01:54	00:47:16	18	00:01:12	00:26:18	20	01:22:41	+00:09:30
15	407	Iain Darwood	M	25	Veteran	10	HEREFORD TRI CLUB	00:06:25	12	00:01:24	00:47:49	23	00:00:48	00:26:15	19	01:22:41	+00:09:30
16	393	ANDY TAYLOR	M	26	Veteran	11	HEREFORD TRI CLUB	00:07:04	34	00:01:37	00:48:40	29	00:00:43	00:24:47	10	01:22:51	+00:09:40
17	376	James Chapman	M	27	Super Vet	1	TRiKS	00:06:30	16	00:01:28	00:46:46	15	00:00:41	00:27:34	42	01:22:58	+00:09:47
18	328	Lee Williams	M	28	Veteran	12	GK coaching	00:07:24	60	00:01:50	00:44:51	7	00:01:05	00:27:58	53	01:23:08	+00:09:57
19	398	Dave MAWHINNEY	M	29	Super Vet	2	TRISMART	00:07:12	44	00:01:41	00:46:38	14	00:00:38	00:27:34	41	01:23:42	+00:10:31
20	382	Hannah Lancaster	F	1	U 21	1	Teme Leisure Tri	00:06:57	30	00:01:16	00:48:50	31	00:00:34	00:26:19	21	01:23:56	+00:10:45
21	404	Grant WOMACK	M	30	Open	6	Teme Leisure Tri	00:06:33	17	00:01:24	00:48:36	27	00:00:35	00:27:03	28	01:24:11	+00:11:00
22	411	Stuart Glenister	M	31	Veteran	13	Zoom Tri Club Bournemouth	00:06:47	24	00:02:08	00:48:58	34	00:01:01	00:25:19	15	01:24:12	+00:11:01
23	403	Rachel Parker	F	2	Open	7		00:06:26	13	00:01:47	00:50:25	53	00:01:12	00:25:17	14	01:25:06	+00:11:55
24	390	Daniel Wyatt	M	32	Veteran	14	HEREFORD TRI CLUB	00:06:55	28	00:01:35	00:47:01	16	00:00:43	00:28:54	68	01:25:07	+00:11:56
25	268	Ben Lye	M	33	Veteran	15	TRiKS	00:07:43	81	00:01:49	00:45:36	11	00:01:00	00:29:27	86	01:25:34	+00:12:23
26	122	DAVID GETHIN	M	34	Veteran	16		00:07:09	37	00:01:51	00:49:15	40	00:00:51	00:26:44	26	01:25:50	+00:12:39
27	414	Neil DAVIES	M	35	Super Vet	3		00:06:19	9	00:01:42	00:47:42	21	00:01:01	00:29:17	80	01:26:00	+00:12:49
28	358	ADRIAN KRAEMER	M	36	Open	8		00:09:29	222	00:01:54	00:46:26	13	00:00:43	00:27:31	38	01:26:03	+00:12:52
29	386	Jamie Wright	M	37	Open	9		00:06:15	8	00:01:36	00:49:42	46	00:00:49	00:27:52	51	01:26:13	+00:13:02
30	372	Gareth Lawrence	M	38	Open	10	Brecon Tri Club	00:07:24	61	00:01:55	00:51:37	72	00:00:44	00:24:50	12	01:26:30	+00:13:19
31	351	Nicholas Farnell	M	39	Vintage Vet	1	Teme Leisure Tri	00:08:32	152	00:01:42	00:48:02	24	00:00:44	00:27:50	50	01:26:50	+00:13:39
32	380	DAVID VIRDEN	M	40	Super Vet	4	Teme Leisure Tri	00:07:13	47	00:01:43	00:49:34	45	00:00:52	00:27:37	46	01:26:59	+00:13:48
33	298	DAVID FITZGIBBONS	M	41	Super Vet	5	Kingfisher Triathletes	00:08:01	113	00:01:44	00:48:09	26	00:00:46	00:28:56	70	01:27:36	+00:14:25
34	281	Andrew WRIGHT	M	42	Open	11		00:08:14	130	00:01:37	00:49:25	42	00:00:50	00:27:34	43	01:27:39	+00:14:28
35	327	James DOUGLAS	M	43	Veteran	17		00:08:17	139	00:01:56	00:50:04	47	00:00:54	00:26:31	23	01:27:42	+00:14:31
36	179	Andrew Evans	M	44	Veteran	18	Ludlow Brewery Cycling Team	00:08:49	167	00:01:31	00:47:08	17	00:00:44	00:29:30	89	01:27:42	+00:14:31
37	389	James Parker	M	45	Veteran	19		00:07:19	53	00:03:13	00:49:09	36	00:01:12	00:26:55	27	01:27:48	+00:14:37
38	118	Andrew Rawlings	M	46	Super Vet	6	Teme Leisure Tri	00:07:44	85	00:01:57	00:49:19	41	00:00:50	00:28:19	61	01:28:08	+00:14:57
39	157	Philip Green	M	47	Open	12	Army Triathlon Association	00:10:16	274	00:01:12	00:48:36	28	00:00:38	00:27:31	39	01:28:13	+00:15:02
40	397	LOUISE REYNOLDS	F	3	Super Vet	7	Teme Leisure Tri	00:07:22	57	00:01:41	00:49:07	35	00:00:43	00:29:37	92	01:28:29	+00:15:18
41	333	Joff Wright	M	48	Veteran	20		00:08:07	121	00:02:30	00:50:49	60	00:01:01	00:26:26	22	01:28:52	+00:15:41
42	180	Lee HASSAN	M	49	Veteran	21	Teme Leisure Tri	00:07:11	41	00:01:12	00:49:11	37	00:00:33	00:30:50	122	01:28:56	+00:15:45
43	415	Eilish Gilbert	F	4	Open	13	Teme Leisure Tri	00:05:59	3	00:01:41	00:50:14	51	00:00:42	00:30:37	117	01:29:12	+00:16:01
44	334	Nick Currie	M	50	Super Vet	8	Malvern Tri Club	00:08:05	119	00:01:37	00:52:26	96	00:00:54	00:26:12	18	01:29:13	+00:16:02
45	326	Leon Aspin	M	51	Veteran	22	BASC TRI	00:07:53	102	00:02:00	00:49:28	43	00:01:03	00:28:54	69	01:29:17	+00:16:06
46	408	Luke Bradford	M	52	Veteran	23	HEREFORD TRI CLUB	00:06:20	10	00:01:21	00:48:46	30	00:01:01	00:31:51	152	01:29:19	+00:16:08
47	275	Jeremy CATTLE	M	53	Veteran	24	BASC TRI	00:08:15	132	00:01:37	00:50:53	62	00:00:46	00:27:57	52	01:29:28	+00:16:17
48	312	John ALTON	M	54	Open	14	Lacon Tri	00:08:10	126	00:02:15	00:51:30	70	00:01:01	00:26:35	24	01:29:30	+00:16:19
49	336	NEIL TURNER	M	56	Super Vet	9	HEREFORD TRI CLUB	00:07:45	86	00:01:38	00:48:50	32	00:01:17	00:30:07	102	01:29:36	+00:16:25

50	324	Chris Bennett	M	58	Veteran	25		00:07:30	71	00:01:55	00:51:44	73	00:01:19	00:27:23	34	01:29:50	+00:16:39
51	374	Marco Di Leo	M	60	Super Vet	10		00:06:50	26	00:02:22	00:50:45	58	00:00:53	00:29:08	75	01:29:58	+00:16:47
52	210	Emma Wyatt	F	5	Veteran	26	HEREFORD TRI CLUB	00:09:27	216	00:01:33	00:50:12	50	00:00:43	00:28:05	57	01:29:59	+00:16:48
53	360	Finola CORLEY	F	6	Open	15		00:06:57	31	00:01:35	00:52:44	100	00:00:36	00:28:11	59	01:30:02	+00:16:51
54	314	Richard Gwilliam	M	63	Open	16	Teme Leisure Tri	00:08:55	176	00:01:37	00:53:37	109	00:00:27	00:25:32	16	01:30:08	+00:16:57
55	409	RICHARD HILL	M	65	Veteran	27	STAFFORD TRI CLUB	00:06:40	19	00:01:29	00:51:05	64	00:00:45	00:30:15	107	01:30:14	+00:17:03
56	225	Kevin Harding	M	67	Veteran	28		00:07:56	107	00:01:56	00:48:08	25	00:00:53	00:31:23	139	01:30:16	+00:17:05
57	346	Simon BAKER	M	68	Veteran	29	Teme Leisure Tri	00:07:18	52	00:01:31	00:52:12	90	00:00:47	00:28:41	66	01:30:28	+00:17:17
58	254	Darren WATKINS	M	69	Veteran	30	Telford Tri Club	00:09:09	195	00:02:04	00:50:06	48	00:01:16	00:28:05	56	01:30:40	+00:17:29
59	412	Paul JENNINGS	M	70	Veteran	31	Teme Leisure Tri	00:06:06	5	00:01:56	00:52:05	84	00:00:46	00:30:04	100	01:30:56	+00:17:45
60	284	ANDREW BOWLES	M	71	Super Vet	11		00:07:09	38	00:01:59	00:50:10	49	00:00:51	00:31:04	128	01:31:12	+00:18:01
61	290	James Bedford	M	73	Veteran	32		00:08:41	163	00:02:19	00:49:12	38	00:00:42	00:30:20	109	01:31:15	+00:18:04
62	384	Richard WHITBREAD	M	74	Open	17		00:06:45	21	00:02:27	00:51:28	68	00:00:50	00:29:48	97	01:31:18	+00:18:07
63	332	Tim Jones	M	76	Veteran	33	SY Tri	00:09:44	239	00:02:03	00:49:28	44	00:00:55	00:29:24	83	01:31:34	+00:18:23
64	239	MATTHEW HALL	M	78	Open	18	Teme Leisure Tri	00:07:03	33	00:02:09	00:53:35	107	00:01:16	00:27:47	47	01:31:50	+00:18:39
65	265	Lou Williams	F	7	Open	19	Oswestry Olympians	00:07:51	97	00:01:55	00:51:46	74	00:00:53	00:29:26	84	01:31:50	+00:18:39
66	161	Stuart Ibbs	M	80	Open	20		00:09:11	200	00:02:36	00:51:19	66	00:01:14	00:27:35	44	01:31:54	+00:18:43
67	216	Oliver Clarke	M	82	Veteran	34		00:09:42	235	00:02:07	00:50:44	57	00:00:37	00:29:03	73	01:32:12	+00:19:01
68	108	Lee Allan-smith	M	84	Open	21	BASC TRI	00:09:55	264	00:01:27	00:52:03	83	00:00:46	00:28:02	54	01:32:13	+00:19:02
69	317	Matthew MOLLART	M	86	Open	22	Knutsford Tri Club	00:07:27	68	00:02:09	00:50:52	61	00:01:01	00:30:54	123	01:32:22	+00:19:11
70	364	Matt Wynne-Hughes	M	87	Veteran	35		00:07:33	73	00:01:55	00:51:59	81	00:00:59	00:30:07	103	01:32:33	+00:19:22
71	341	Mike PARKER	M	89	Super Vet	12	Wyreforestashers	00:08:04	117	00:01:46	00:52:25	95	00:01:10	00:29:11	76	01:32:36	+00:19:25
72	396	Gary TABERNER	M	90	Veteran	36	HEREFORD TRI CLUB	00:07:08	36	00:02:00	00:52:11	89	00:01:09	00:30:13	105	01:32:41	+00:19:30
73	295	Tom Bentley	M	91	Open	23	Teme Leisure Tri	00:07:11	42	00:02:02	00:55:11	131	00:01:03	00:27:22	33	01:32:48	+00:19:37
74	367	Clive Emerson	M	92	Veteran	37		00:07:23	59	00:02:18	00:50:14	52	00:00:57	00:31:56	154	01:32:48	+00:19:37
75	233	Michael Bird	M	93	Open	24	Warley WASPS Tri & Run Club	00:08:20	142	00:02:15	00:52:06	85	00:00:39	00:29:31	90	01:32:51	+00:19:40
76	273	Justin Marsden	M	94	Veteran	38		00:07:55	106	00:01:49	00:53:35	108	00:00:46	00:28:56	71	01:33:01	+00:19:50
77	269	Gary hickman	M	95	Vintage Vet	2	Black Country Triathletes	00:08:34	156	00:01:50	00:52:21	93	00:01:04	00:29:16	79	01:33:05	+00:19:54
78	188	Sam SMITH	M	97	Open	25	BASC Tri Bridgnorth and Severn Centr	00:08:23	146	00:01:43	00:54:42	120	00:00:33	00:27:48	48	01:33:09	+00:19:58
79	203	Daniel Allen	M	99	Veteran	39		00:10:28	285	00:02:54	00:50:42	55	00:01:58	00:27:24	35	01:33:24	+00:20:13
80	109	Hayley JENNINGS	F	8	Open	26	Teme Leisure Tri	00:09:39	232	00:01:53	00:51:56	78	00:00:50	00:29:34	91	01:33:52	+00:20:41
81	201	Simon Wright	M	102	Super Vet	13		00:09:28	219	00:01:55	00:48:50	33	00:00:54	00:32:46	178	01:33:52	+00:20:41
82	221	Paul Colebatch	M	104	Open	27	Teme Leisure Tri	00:07:52	100	00:01:29	00:55:51	142	00:00:42	00:28:02	55	01:33:56	+00:20:45
83	354	Bethan Till	F	9	Open	28	SY Tri	00:08:11	127	00:01:58	00:54:54	124	00:00:48	00:28:13	60	01:34:03	+00:20:52
84	184	Paul FRANCIS	M	108	Veteran	40	Teme Leisure Tri	00:10:40	295	00:02:02	00:53:05	101	00:01:07	00:27:12	32	01:34:05	+00:20:54
85	102	Brent LOWSON	M	110	Super Vet	14	HEREFORD TRI CLUB	00:11:02	307	00:01:58	00:52:14	91	00:01:18	00:27:35	45	01:34:05	+00:20:54
86	153	Thomas Bradley	M	112	Open	29		00:08:55	177	00:01:43	00:52:06	86	00:00:50	00:30:33	114	01:34:07	+00:20:56
87	371	Craig Jones	M	113	Veteran	41	Lawley Run Club	00:06:14	7	00:01:53	00:58:04	180	00:01:08	00:27:04	29	01:34:23	+00:21:12
88	377	Vicki Bale	F	10	Super Vet	15	WREKINSPO	00:07:48	90	00:02:28	00:52:22	94	00:00:53	00:30:59	126	01:34:30	+00:21:19
89	279	Jordan BAXTER	M	116	Open	30		00:07:01	32	00:02:06	00:54:09	112	00:01:08	00:30:13	106	01:34:37	+00:21:26
90	369	Peter Davis	M	117	Super Vet	16	Oswestry Olympians	00:07:12	45	00:02:08	00:52:15	92	00:01:22	00:31:42	148	01:34:39	+00:21:28
91	349	Ashley Goodman	M	118	Super Vet	17	Black Country Triathletes	00:07:33	74	00:01:55	00:55:09	129	00:01:06	00:28:58	72	01:34:41	+00:21:30
92	356	Michael POWELL	M	119	Veteran	42	Teme Leisure Tri	00:07:24	62	00:02:02	00:51:58	80	00:01:22	00:31:58	157	01:34:43	+00:21:32
93	146	Mark Griffiths	M	121	Open	31		00:07:49	91	00:02:18	00:50:25	54	00:00:55	00:33:18	195	01:34:45	+00:21:34
94	329	Stephen Vaughan	M	122	Veteran	43	HEREFORD TRI CLUB	00:07:05	35	00:03:36	00:50:47	59	00:01:21	00:32:02	159	01:34:51	+00:21:40
95	155	Dafydd Thacker	M	124	Open	32	Lawley Run Club	00:07:56	108	00:02:29	00:52:10	88	00:01:08	00:31:09	131	01:34:52	+00:21:41
96	205	Darren Gibbons	M	125	Open	33	HEREFORD TRI CLUB	00:08:35	157	00:02:21	00:54:44	122	00:00:47	00:28:31	64	01:34:57	+00:21:46
97	379	Joanne Parker - Stirling	F	11	Open	34	Teme Leisure Tri	00:07:26	64	00:01:49	00:53:26	103	00:00:42	00:31:41	147	01:35:04	+00:21:53
98	134	Alex EDWARDS	M	129	Open	35	LUDLOW RUNNERS	00:09:26	212	00:03:25	00:54:16	115	00:00:51	00:27:11	31	01:35:08	+00:21:57
99	348	Mark Bowman	M	130	Super Vet	18	Teme Leisure Tri	00:07:43	82	00:01:58	00:53:30	105	00:00:52	00:31:21	137	01:35:23	+00:22:12
100	267	Stephen Moore	M	131	Super Vet	19	TRIKS	00:07:38	76	00:01:46	00:54:15	114	00:00:56	00:30:57	124	01:35:31	+00:22:20
101	368	Paul Martin	M	133	Super Vet	20	BASC TRI	00:06:46	22	00:01:56	00:52:02	82	00:01:04	00:33:48	206	01:35:36	+00:22:25
102	311	Kyle FOWLER	M	134	Open	36	BASC TRI	00:07:21	55	00:01:36	00:56:48	160	00:00:42	00:29:18	82	01:35:45	+00:22:34
103	289	Timothy Bennett	M	135	Open	37		00:08:12	128	00:02:42	00:54:20	116	00:01:02	00:29:42	96	01:35:57	+00:22:46
104	416	Robyn Gore	F	12	Open	38	Teme Leisure Tri	00:05:43	2	00:01:57	00:57:19	170	00:00:40	00:30:21	110	01:36:00	+00:22:49

105	352	Henry JACKMAN-DAY	M	137	Open	39		00:07:28	69	00:02:42	00:54:35	119	00:01:01	00:30:16	108	01:36:02	+00:22:51
106	271	Christoher PEDLEY	M	138	Vintage Vet	3	Black Country Triathletes	00:08:32	153	00:01:49	00:49:14	39	00:00:46	00:35:43	249	01:36:04	+00:22:53
107	256	Peter BLAIR	M	140	Veteran	44		00:08:20	143	00:03:12	00:56:47	159	00:00:29	00:27:24	36	01:36:11	+00:23:00
108	387	Iain Hutchinson	M	142	Open	40	HEREFORD TRI CLUB	00:07:16	50	00:02:13	00:53:57	110	00:00:42	00:32:41	175	01:36:48	+00:23:37
109	56	Kraig BUCKLEY	M	143	Veteran	45		00:10:32	288	00:01:35	00:54:25	117	00:01:00	00:29:29	87	01:37:01	+00:23:50
110	185	Mark Evans	M	146	Veteran	46		00:08:55	178	00:02:41	00:51:55	77	00:01:14	00:32:22	168	01:37:06	+00:23:55
111	395	Andrew SHERLOCK	M	148	Veteran	47		00:08:07	122	00:03:08	00:54:09	113	00:01:38	00:30:06	101	01:37:06	+00:23:55
112	325	Ian Langford	M	150	Veteran	48	Black Country Triathletes	00:08:36	160	00:02:04	00:53:27	104	00:00:59	00:32:00	158	01:37:07	+00:23:56
113	345	Juliet Moxon	F	13	Open	41	HEREFORD TRI CLUB	00:07:46	87	00:02:05	00:58:03	179	00:00:55	00:28:22	62	01:37:11	+00:24:00
114	302	Tristan Walrond	M	151	Open	42	Teme Leisure Tri	00:07:42	80	00:02:26	00:56:57	163	00:01:03	00:29:13	78	01:37:21	+00:24:10
115	280	Tom WORTHY	M	152	Open	43		00:07:28	70	00:01:44	00:56:55	162	00:00:43	00:30:32	113	01:37:22	+00:24:11
116	274	Matthew Samuel	M	153	Open	44		00:09:08	194	00:02:33	00:51:57	79	00:00:53	00:32:53	183	01:37:24	+00:24:13
117	259	Steven BROOM	M	154	Open	45		00:07:56	109	00:02:26	00:51:52	75	00:01:01	00:34:37	221	01:37:51	+00:24:40
118	156	Alex White	M	156	Open	46		00:09:46	244	00:02:13	00:55:48	139	00:00:41	00:29:26	85	01:37:53	+00:24:42
119	178	Ian Mann	M	158	Veteran	49		00:09:04	186	00:02:18	00:52:35	98	00:00:57	00:33:04	186	01:37:57	+00:24:46
120	207	Adam Michniok	M	159	Veteran	50		00:09:12	201	00:02:52	00:54:01	111	00:01:26	00:30:34	115	01:38:04	+00:24:53
121	243	Adam COOPER	M	160	Open	47		00:08:52	173	00:04:41	00:51:20	67	00:02:44	00:30:40	120	01:38:17	+00:25:06
122	337	David Finch	M	161	Super Vet	21	Real Fitness Race Team	00:08:16	136	00:02:08	00:53:30	106	00:01:03	00:33:21	197	01:38:17	+00:25:06
123	22	Vivien Dempsey	F	14	Veteran	51		00:09:54	262	00:01:50	00:54:43	121	00:01:26	00:30:27	112	01:38:20	+00:25:09
124	112	Adam ARNOLD	M	162	Open	48		00:10:04	269	00:03:23	00:51:53	76	00:01:25	00:31:36	145	01:38:21	+00:25:10
125	164	Lynette BROOM	F	15	Open	49		00:09:37	230	00:02:08	00:52:43	99	00:01:13	00:32:42	176	01:38:22	+00:25:11
126	321	James BARTLAM	M	163	Veteran	52		00:06:07	6	00:01:47	00:54:54	123	00:00:49	00:35:06	238	01:38:42	+00:25:31
127	413	Sharon Glenister	F	16	Super Vet	22	Zoom Tri Club Bournemouth	00:06:44	20	00:02:22	00:56:33	152	00:00:55	00:32:13	166	01:38:46	+00:25:35
128	224	Matt MCWHINNIE	M	165	Open	50		00:07:50	95	00:02:39	00:56:41	156	00:01:45	00:29:57	98	01:38:50	+00:25:39
129	217	Richard Chell	M	166	Vintage Vet	4		00:09:35	226	00:01:36	00:51:29	69	00:00:55	00:35:24	243	01:38:57	+00:25:46
130	388	Martin Renshaw	M	167	Open	51		00:07:12	46	00:02:10	00:52:31	97	00:01:05	00:36:09	258	01:39:06	+00:25:55
131	159	Rob Batchelor	M	169	Open	52		00:08:56	179	00:03:04	00:55:31	135	00:01:45	00:29:59	99	01:39:14	+00:26:03
132	234	Adam Burgoyne	M	170	Open	53		00:09:32	224	00:02:47	00:58:28	192	00:01:35	00:27:04	30	01:39:25	+00:26:14
133	378	Martin Wood	M	171	Vintage Vet	5		00:06:50	27	00:02:16	00:51:09	65	00:02:02	00:37:09	282	01:39:26	+00:26:15
134	258	Richard BRADSHAW	M	172	Veteran	53	Telford Tri Club	00:07:49	92	00:02:24	00:55:24	133	00:01:09	00:32:46	179	01:39:31	+00:26:20
135	127	Andrew TURNER	M	173	Open	54		00:08:45	166	00:03:18	00:55:19	132	00:01:07	00:31:07	130	01:39:36	+00:26:25
136	220	Sam Gwynne	M	174	Open	55		00:07:53	103	00:02:11	01:00:30	226	00:00:58	00:28:06	58	01:39:37	+00:26:26
137	261	Ashley POWELL	M	175	Super Vet	23		00:07:50	96	00:02:27	00:55:57	143	00:01:38	00:31:46	150	01:39:38	+00:26:27
138	370	DIANE WYNNE	F	17	Super Vet	24	Vegan Runners Triathlon	00:08:24	147	00:02:00	00:55:10	130	00:00:58	00:33:15	191	01:39:47	+00:26:36
139	177	MARK WALLACE	M	178	Veteran	54	TRiKS	00:09:41	233	00:02:53	00:58:06	182	00:01:42	00:27:27	37	01:39:49	+00:26:38
140	167	Sam Corfield	M	179	Open	56		00:09:20	207	00:02:22	00:58:26	190	00:00:39	00:29:11	77	01:39:57	+00:26:46
141	50	John Frank	M	180	Super Vet	25	Teme Leisure Tri	00:08:56	180	00:02:56	00:55:49	140	00:01:13	00:31:06	129	01:39:58	+00:26:47
142	246	AIMEE HOLMAN	F	18	Open	57	BASC TRI	00:08:08	124	00:02:12	00:58:43	198	00:01:58	00:29:05	74	01:40:06	+00:26:55
143	20	Andrew Dempsey	M	181	Veteran	55		00:09:44	240	00:02:05	00:56:03	144	00:01:43	00:30:38	118	01:40:11	+00:27:00
144	162	Dave Paddock	M	182	Open	58		00:09:05	189	00:02:45	00:56:06	146	00:01:08	00:31:10	132	01:40:15	+00:27:04
145	136	Mehdad Jafari	M	183	U 21	2		00:09:36	228	00:04:15	00:58:12	184	00:00:43	00:27:33	40	01:40:18	+00:27:07
146	342	Liz DAVIES-WARD	F	19	Super Vet	26	HEREFORD TRI CLUB	00:08:35	158	00:02:07	00:56:09	148	00:00:59	00:32:34	172	01:40:23	+00:27:12
147	270	Alison Lamputt	F	20	Vintage Vet	6	BASC TRI	00:08:25	149	00:02:12	00:55:32	136	00:01:03	00:33:16	192	01:40:27	+00:27:16
148	401	Roxanne Jones	F	21	Open	59		00:07:22	58	00:02:43	00:59:33	209	00:02:27	00:28:47	67	01:40:51	+00:27:40
149	104	Aaran Fraser-Hitchen	M	184	Open	60		00:11:19	318	00:02:11	00:56:49	161	00:00:59	00:29:37	93	01:40:55	+00:27:44
150	241	Mike Richards	M	185	Open	61		00:09:54	263	00:04:00	00:54:54	125	00:02:28	00:29:41	94	01:40:56	+00:27:45
151	96	MARK WILLIAMS	M	186	Super Vet	27	Teme Leisure Tri	00:11:34	325	00:02:15	00:53:06	102	00:00:54	00:33:14	190	01:41:02	+00:27:51
152	313	James Steadman	M	187	Open	62	BASC TRI	00:08:03	115	00:01:56	00:58:08	183	00:00:54	00:32:04	162	01:41:03	+00:27:52
153	92	Stuart TULLOCH	M	188	Super Vet	28		00:09:49	255	00:03:02	00:58:32	193	00:01:13	00:28:30	63	01:41:04	+00:27:53
154	315	Lauren Mollart	F	22	Open	63	Knutsford Tri Club	00:07:43	83	00:02:18	00:55:25	134	00:00:53	00:34:56	231	01:41:15	+00:28:04
155	53	PAUL TOMKINSON	M	189	Veteran	56	HEREFORD TRI CLUB	00:12:32	337	00:03:12	00:52:06	87	00:01:19	00:32:08	165	01:41:17	+00:28:06
156	54	Alice Godding	F	23	Open	64	Teme Leisure Tri	00:11:28	321	00:02:11	00:58:32	194	00:01:19	00:27:49	49	01:41:19	+00:28:08
157	142	Jade Evans	F	24	Open	65		00:09:48	251	00:02:35	00:56:57	164	00:01:24	00:30:36	116	01:41:20	+00:28:09
158	420	Nick Tilt	M	190	Veteran	57		00:06:48	25	00:02:03	00:55:07	128	00:01:04	00:36:19	263	01:41:21	+00:28:10
159	226	Jonathan Thomas	M	191	Veteran	58		00:08:38	161	00:02:06	00:58:27	191	00:01:12	00:31:00	127	01:41:22	+00:28:11

160	292	James Holland	M	192	Super Vet	29	BASC TRI	00:08:33	154	00:01:58	00:57:32	172	00:01:00	00:32:20	167	01:41:22	+00:28:11
161	45	Roger PREECE	M	193	Veteran	59		00:07:46	88	00:02:01	00:58:23	188	00:00:52	00:32:30	170	01:41:32	+00:28:21
162	190	Kevin Morris	M	194	Super Vet	30		00:08:52	174	00:02:14	00:55:32	137	00:01:21	00:33:34	199	01:41:32	+00:28:21
163	255	Vanessa Watts	F	25	Veteran	60	LUDLOW RUNNERS	00:09:02	182	00:01:49	00:58:40	197	00:00:57	00:31:12	134	01:41:40	+00:28:29
164	105	Aeysha Reynolds	F	26	Open	66		00:10:17	277	00:02:33	00:55:37	138	00:01:32	00:32:02	160	01:42:00	+00:28:49
165	318	Lisa SPANDRZYK	F	27	Open	67		00:07:51	98	00:02:12	00:58:23	189	00:00:53	00:32:43	177	01:42:02	+00:28:51
166	124	Ian HARRINGTON	M	195	Open	68	Teme Leisure Tri	00:10:09	271	00:02:18	00:55:50	141	00:00:46	00:33:10	189	01:42:12	+00:29:01
167	44	Carol France	F	28	Veteran	61	SY Tri	00:12:27	335	00:03:07	00:56:04	145	00:01:19	00:29:18	81	01:42:14	+00:29:03
168	245	David HARLOW	M	196	Open	69		00:07:43	84	00:02:39	00:58:16	186	00:02:26	00:31:11	133	01:42:14	+00:29:03
169	13	Stuart Hayes	M	197	Open	70		00:09:31	223	00:02:47	00:57:59	178	00:01:01	00:31:18	136	01:42:35	+00:29:24
170	204	Alan CHELTON	M	198	Super Vet	31	SY Tri	00:10:01	266	00:02:22	00:59:07	207	00:01:32	00:29:41	95	01:42:43	+00:29:32
171	383	Will Gore	M	199	U 21	3	Teme Leisure Tri	00:06:24	11	00:02:35	01:00:02	217	00:00:42	00:33:04	187	01:42:46	+00:29:35
172	278	Bambi Shaw	F	29	Open	71	Tri energy	00:08:14	131	00:02:12	00:56:45	158	00:01:36	00:34:03	208	01:42:49	+00:29:38
173	62	John WINDER	M	200	Veteran	62		00:10:59	305	00:04:15	00:51:31	71	00:02:34	00:33:39	202	01:42:58	+00:29:47
174	114	James Turner	M	201	Veteran	63	SHROPSHIRE SHUFFLERS	00:09:06	191	00:03:23	01:01:04	231	00:01:03	00:28:32	65	01:43:08	+00:29:57
175	285	Martin HUNT	M	202	Super Vet	32	HEREFORD TRI CLUB	00:08:07	123	00:02:34	00:54:59	127	00:01:00	00:36:48	276	01:43:28	+00:30:17
176	236	Graham Crane	M	203	Veteran	64	Teme Leisure Tri	00:08:15	133	00:02:29	00:56:08	147	00:01:17	00:35:28	244	01:43:36	+00:30:25
177	272	ALAN LEWIS	M	204	Super Vet	33	Avara Foods	00:09:03	183	00:02:16	00:56:11	149	00:01:02	00:35:05	236	01:43:36	+00:30:25
178	264	Rupert LADDS	M	205	Super Vet	34		00:08:42	164	00:02:34	00:57:02	165	00:00:53	00:34:35	219	01:43:46	+00:30:35
179	359	Mike RHEAD	M	206	Open	72		00:07:26	65	00:02:30	01:00:05	219	00:01:16	00:32:30	171	01:43:47	+00:30:36
180	131	Ashley Mason	M	207	Super Vet	35		00:07:38	77	00:02:13	00:57:12	168	00:01:09	00:35:52	252	01:44:04	+00:30:53
181	206	SAM JONES	M	208	Open	73	SY Tri	00:08:16	137	00:02:01	01:03:32	262	00:00:48	00:29:29	88	01:44:05	+00:30:54
182	187	Andrew PEARSON	M	209	Super Vet	36		00:10:50	302	00:03:26	00:56:36	153	00:01:47	00:31:34	144	01:44:12	+00:31:01
183	130	Rob WOOD	M	210	Veteran	65	Telford Tri Club	00:09:04	187	00:02:58	00:54:26	118	00:01:02	00:36:43	273	01:44:12	+00:31:01
184	353	Philippa Jackman-Day	F	30	Open	74		00:07:40	79	00:02:29	00:57:43	175	00:01:26	00:34:57	233	01:44:15	+00:31:04
185	101	John SHORT	M	211	Super Vet	37	SY Tri	00:11:35	327	00:02:15	00:59:06	206	00:00:45	00:30:38	119	01:44:18	+00:31:07
186	228	Jamie Frearson	M	212	Open	75		00:09:43	237	00:02:20	00:59:29	208	00:00:58	00:31:52	153	01:44:21	+00:31:10
187	89	Claire Webb	F	31	Veteran	66	Teme Leisure Tri	00:10:30	287	00:02:00	00:58:57	201	00:00:53	00:32:07	163	01:44:27	+00:31:16
188	214	Adrian Morris	M	213	Veteran	67	Teme Leisure Tri	00:08:53	175	00:02:58	00:50:56	63	00:03:18	00:38:32	294	01:44:36	+00:31:25
189	294	Julie WILLIS	F	32	Super Vet	38	Newent Runners	00:08:20	144	00:02:51	01:00:48	228	00:01:26	00:31:13	135	01:44:37	+00:31:26
190	323	Geraint Skyrme	M	214	Veteran	68		00:08:21	145	00:02:23	00:58:17	187	00:01:16	00:34:39	223	01:44:56	+00:31:45
191	172	Rob WILLIAMS	M	215	Open	76	Teme Leisure Tri	00:10:16	275	00:02:37	00:56:25	151	00:01:48	00:33:50	207	01:44:56	+00:31:45
192	199	Hannah Thomas	F	33	Open	77		00:07:52	101	00:01:57	00:59:42	212	00:00:51	00:34:42	225	01:45:03	+00:31:52
193	77	Sion Williams	M	216	Open	78		00:10:05	270	00:04:00	00:57:33	174	00:00:40	00:32:52	182	01:45:09	+00:31:58
194	171	Rebecca Skingsley	F	34	Open	79		00:09:50	257	00:02:56	01:00:15	220	00:00:50	00:31:28	142	01:45:19	+00:32:08
195	34	Kev MORRIS	M	217	Veteran	69	Teme Leisure Tri	00:09:25	211	00:03:09	00:56:38	154	00:01:03	00:35:09	240	01:45:23	+00:32:12
196	94	John Garrett	M	218	Super Vet	39		00:11:30	322	00:05:19	00:56:13	150	00:00:50	00:32:04	161	01:45:54	+00:32:43
197	300	Cara Di Leo	F	35	U 21	4		00:08:00	111	00:02:31	01:01:56	245	00:00:38	00:32:49	180	01:45:55	+00:32:44
198	249	Kelly Garner	F	36	Veteran	70	Warley WASPS Tri & Run Club	00:09:03	184	00:03:27	00:59:53	214	00:01:43	00:31:57	155	01:46:02	+00:32:51
199	297	Emma Jones	F	37	Super Vet	40	BASC TRI	00:08:18	140	00:01:58	00:57:58	177	00:01:14	00:36:37	270	01:46:06	+00:32:55
200	27	Justine Jones	F	38	Open	80		00:10:28	286	00:01:59	01:01:37	241	00:00:31	00:31:33	143	01:46:07	+00:32:56
201	151	Natalie PARROTT	F	39	Open	81		00:09:45	241	00:03:10	00:57:33	173	00:00:52	00:34:50	228	01:46:10	+00:32:59
202	253	Sarah PUGH	F	40	Veteran	71	TRiKS	00:09:19	206	00:01:56	01:01:28	238	00:00:56	00:32:37	174	01:46:16	+00:33:05
203	99	Mark ANGOVE	M	219	Super Vet	41		00:11:55	332	00:02:47	00:59:02	203	00:02:25	00:30:10	104	01:46:19	+00:33:08
204	135	Mick Pursglove	M	220	Super Vet	42	SY Tri	00:09:06	192	00:02:46	00:56:44	157	00:01:06	00:36:45	275	01:46:26	+00:33:15
205	193	Sarah MAWHINNEY	F	41	Super Vet	43	TRISMART	00:10:43	298	00:02:06	00:57:05	166	00:00:57	00:35:42	248	01:46:33	+00:33:22
206	286	Karen PADDON	F	42	Super Vet	44		00:07:14	48	00:02:23	00:59:56	215	00:01:17	00:35:47	251	01:46:37	+00:33:26
207	305	Jordan Powis	F	43	Open	82	HEREFORD TRI CLUB	00:08:26	150	00:02:13	00:58:38	195	00:00:55	00:36:26	267	01:46:38	+00:33:27
208	78	Peter Jervis	M	221	Open	83		00:09:49	256	00:03:16	00:58:39	196	00:00:44	00:34:31	215	01:46:59	+00:33:48
209	197	Graham BODEN	M	222	Super Vet	45	Teme Leisure Tri	00:10:37	292	00:02:27	00:56:40	155	00:02:12	00:35:13	241	01:47:08	+00:33:57
210	183	Victoria JONES	F	44	Veteran	72		00:09:26	213	00:02:58	00:59:33	210	00:00:57	00:34:28	214	01:47:21	+00:34:10
211	29	Mark BREAKWELL	M	223	Open	84		00:09:35	227	00:03:48	00:57:24	171	00:01:41	00:34:57	232	01:47:24	+00:34:13
212	357	Joseph Brierley	M	224	U 21	5	Lawley Run Club	00:07:38	78	00:02:54	01:04:00	269	00:01:07	00:31:46	151	01:47:25	+00:34:14
213	123	Kirsty GETHIN	F	45	Veteran	73		00:10:41	297	00:02:05	01:02:31	252	00:00:34	00:31:37	146	01:47:26	+00:34:15
214	120	Peter CARTWRIGHT	M	225	Vintage Vet	7	LUDLOW RUNNERS	00:10:45	299	00:03:37	00:57:15	169	00:01:19	00:34:38	222	01:47:33	+00:34:22

215	355	Matt Yarranton	M	226	Veteran	74		00:07:59	110	00:02:49	01:01:52	244	00:01:37	00:33:17	194	01:47:34	+00:34:23
216	195	Sally Napthen	F	46	Super Vet	46	CHESTER TRI CLUB	00:11:02	308	00:02:05	00:58:46	199	00:01:22	00:34:22	211	01:47:35	+00:34:24
217	189	Tee Lee	F	47	Super Vet	47		00:08:40	162	00:03:31	01:02:30	251	00:00:38	00:32:23	169	01:47:42	+00:34:31
218	296	Andrea FORD	F	48	Veteran	75	Teme Leisure Tri	00:08:33	155	00:02:05	01:05:47	282	00:00:37	00:30:48	121	01:47:50	+00:34:39
219	125	Dan Forrester	M	227	Open	85	Brecon Tri Club	00:10:27	284	00:02:33	00:59:01	202	00:01:44	00:34:10	209	01:47:54	+00:34:43
220	67	David BISHOP	M	228	Veteran	76	Bromsgrove Olympique	00:15:34	355	00:02:28	00:50:43	56	00:01:17	00:37:55	288	01:47:56	+00:34:45
221	48	Lorraine GUEST	F	49	Veteran	77		00:10:22	280	00:03:12	00:58:05	181	00:01:18	00:35:00	235	01:47:58	+00:34:47
222	283	Nick BOURNE	M	98	Veteran	78		00:08:00	112	00:02:59	01:01:09	233	00:01:27	00:34:31	216	01:48:07	+00:34:56
223	288	Richard LODGE	M	13	Vintage Vet	8	Aldridge Run Club	00:08:06	120	00:02:39	01:02:16	248	00:02:06	00:33:05	188	01:48:12	+00:35:01
224	57	Paul SARGANT	M	55	Super Vet	48		00:11:26	320	00:02:01	00:57:11	167	00:01:11	00:36:31	269	01:48:20	+00:35:09
225	24	Mark Salt	M	57	Super Vet	49		00:10:45	300	00:02:27	00:58:12	185	00:01:26	00:35:31	245	01:48:21	+00:35:10
226	119	Mio Kontic	M	59	Super Vet	50	Wrekin Road runners	00:11:20	319				02:05:48	23:31:21	358	01:48:29	+00:35:18
227	419	Leino Marafono	M	100	Veteran	79	Hereford Ghost Runners	00:09:45	242	00:03:21	01:01:08	232	00:01:27	00:32:55	184	01:48:35	+00:35:24
228	238	Claire DOVEY	F	50	Open	86		00:09:46	245	00:02:45	01:03:17	257	00:01:11	00:31:43	149	01:48:43	+00:35:32
229	73	Charles Bertoia	M	114	Open	87		00:11:06	310	00:02:58	01:00:22	222	00:00:36	00:33:43	203	01:48:44	+00:35:33
230	192	Sharon Palmer	F	51	Super Vet	51	TRIKS	00:08:35	159	00:03:08	01:00:34	227	00:01:55	00:34:33	218	01:48:45	+00:35:34
231	168	Lucy Lewis	F	52	Open	88		00:07:26	66	00:03:12	01:03:48	265	00:00:53	00:33:30	198	01:48:48	+00:35:37
232	202	CHRISTOPHER HARRISON	M	2	Super Vin Vet	1		00:09:27	217	00:02:46	00:59:06	205	00:01:32	00:36:05	257	01:48:55	+00:35:44
233	33	Robert WEBB	M	101	Veteran	80		00:09:51	260	00:02:40	01:01:28	239	00:01:21	00:33:37	201	01:48:56	+00:35:45
234	252	Kristien Wood	M	103	Veteran	81	Lacon Tri	00:08:50	169	00:02:54	00:59:35	211	00:01:13	00:36:28	268	01:48:58	+00:35:47
235	84	Gareth ROBERTS	M	105	Veteran	82		00:11:38	328	00:03:15	01:00:27	224	00:00:46	00:32:56	185	01:49:01	+00:35:50
236	138	Abbie Price	F	53	Open	89	Dolly Mixtures	00:07:51	99	00:02:40	01:02:04	246	00:00:35	00:36:02	256	01:49:11	+00:36:00
237	145	Laura FARR	F	54	Open	90	Teme Leisure Tri	00:09:03	185	00:02:46	01:00:19	221	00:01:46	00:35:34	247	01:49:27	+00:36:16
238	208	Catrin Sanderson	F	55	Veteran	83		00:08:18	141	00:02:14	01:01:19	235	00:01:25	00:36:22	264	01:49:37	+00:36:26
239	209	Matthew Knight	M	109	Veteran	84	Wye Valley Runner	00:09:28	220	00:01:57	01:02:50	255	00:01:03	00:34:24	213	01:49:41	+00:36:30
240	240	Jenna Hossbach	F	56	Open	91		00:07:49	93	00:02:35	00:59:57	216	00:00:46	00:39:03	299	01:50:10	+00:36:59
241	235	Ricky Nash	M	120	Open	92		00:07:47	89	00:03:16	01:00:25	223	00:01:19	00:37:28	285	01:50:15	+00:37:04
242	331	Stuart JONES	M	111	Veteran	85	Tri energy	00:08:16	138	00:02:58	01:00:51	229	00:01:15	00:37:23	284	01:50:42	+00:37:31
243	144	Rachel Venables	F	57	Open	93		00:07:54	105	00:02:16	01:00:04	218	00:01:02	00:39:27	301	01:50:43	+00:37:32
244	276	Lisa BEDFORD	F	58	Veteran	86		00:07:31	72	00:02:40	01:06:03	285	00:00:51	00:33:45	204	01:50:49	+00:37:38
245	304	Charlotte Griffiths	F	59	Open	94	Teme Leisure Tri	00:07:17	51	00:02:45	01:02:41	253	00:01:17	00:37:01	279	01:51:01	+00:37:50
246	340	David JACKMAN	M	61	Super Vet	52		00:08:43	165	00:02:37	01:01:25	236	00:01:04	00:37:30	286	01:51:18	+00:38:07
247	154	Jenny Macconnell	F	60	Open	95		00:10:45	301	00:02:27	01:02:23	249	00:01:07	00:34:55	230	01:51:37	+00:38:26
248	362	Sam Evans	M	126	Open	96		00:07:49	94	00:02:59	01:03:25	260	00:01:12	00:36:15	261	01:51:39	+00:38:28
249	170	David Brown	M	128	Open	97		00:10:25	282	00:03:39	01:01:18	234	00:01:23	00:35:05	237	01:51:49	+00:38:38
250	244	clare Oatley	F	61	Open	98		00:08:50	170	00:02:45	01:03:50	268	00:01:51	00:34:39	224	01:51:55	+00:38:44
251	231	Abbie DUNNE	F	62	Open	99	Warley WASPS Tri & Run Club	00:09:27	218	00:03:00	01:06:10	288	00:01:39	00:32:07	164	01:52:22	+00:39:11
252	211	Trudy Macklin	F	63	Veteran	87	Teme Leisure Tri	00:09:28	221	00:02:38	01:03:36	263	00:01:25	00:35:17	242	01:52:23	+00:39:12
253	113	Matt COLLINS	M	115	Veteran	88	Teme Leisure Tri	00:09:15	204	00:03:30	00:58:55	200	00:01:20	00:39:26	300	01:52:25	+00:39:14
254	301	HARRIET JONES	F	64	U 21	6	HEREFORD TRI CLUB	00:08:04	118	00:02:11	01:02:50	254	00:01:13	00:38:22	293	01:52:40	+00:39:29
255	83	Harry Matthews	M	132	Open	100		00:09:48	252	00:04:55	01:03:31	261	00:01:35	00:32:50	181	01:52:40	+00:39:29
256	227	Mark Povey	M	62	Super Vet	53	Teme Leisure Tri	00:09:47	248	00:03:33	00:54:58	126	00:02:17	00:42:22	324	01:52:57	+00:39:46
257	223	Imogen Frearson	F	65	Open	101		00:09:21	208	00:03:41	01:02:54	256	00:01:13	00:35:59	255	01:53:07	+00:39:56
258	152	Amy DOYLE	F	66	Open	102	SHROPSHIRE SHUFFLERS	00:09:05	190	00:02:56	01:04:59	276	00:01:11	00:34:59	234	01:53:11	+00:40:00
259	26	Scott Hardie	M	136	Open	103	Teme Leisure Tri	00:12:54	339	00:03:27	01:04:04	270	00:02:29	00:30:21	111	01:53:15	+00:40:04
260	237	Nikki Louise Doherty	F	67	Open	104	Teme Leisure Tri	00:08:01	114	00:02:38	01:06:45	294	00:01:04	00:34:53	229	01:53:21	+00:40:10
261	97	Roger Shaw	M	15	Vintage Vet	9	Norton Stragglers	00:09:38	231	00:03:40	01:05:20	278	00:00:35	00:34:31	217	01:53:44	+00:40:33
262	15	Harry Deacon	M	11	U 21	7		00:16:13	358	00:03:21	01:02:12	247	00:00:53	00:31:22	138	01:54:01	+00:40:50
263	293	John EVANS	M	64	Super Vet	54		00:08:09	125	00:02:52	01:05:55	283	00:00:47	00:36:23	266	01:54:06	+00:40:55
264	14	Kevin BRIERLEY	M	66	Super Vet	55	Lawley Run Club	00:16:03	357	00:03:25	01:01:33	240	00:01:51	00:31:24	140	01:54:14	+00:41:03
265	18	Rachel Morris-Jones	F	68	Open	105		00:10:22	281	00:02:05	01:01:02	230	00:00:36	00:40:27	310	01:54:30	+00:41:19
266	169	Rebecca Taylor	F	69	Open	106		00:09:50	258	00:03:14	01:06:32	291	00:01:25	00:33:34	200	01:54:34	+00:41:23
267	361	Andy Furniss	M	141	Open	107		00:07:10	40	00:02:49	01:06:47	295	00:01:01	00:36:48	277	01:54:34	+00:41:23
268	229	Lucy Ronaldson	F	70	Open	108		00:09:13	202	00:02:31	01:06:09	287	00:00:54	00:36:10	259	01:54:56	+00:41:45
269	137	Eva Booth	F	71	U 21	8		00:09:34	225	00:03:42	01:09:20	318	00:00:54	00:31:27	141	01:54:57	+00:41:46

270	47	Karen Chesworth	F	72	Veteran	89		00:09:43	238	00:02:54	01:06:41	293	00:01:10	00:34:45	227	01:55:13	+00:42:02
271	87	Ceri LITTLE	F	73	Veteran	90		00:10:33	290	00:02:57	01:03:49	266	00:01:10	00:37:13	283	01:55:41	+00:42:30
272	28	David SULLIVAN	M	144	Open	109		00:12:02	333	00:03:16	01:02:26	250	00:01:21	00:36:39	271	01:55:44	+00:42:33
273	215	ALISON TURNER	F	74	Super Vet	56	HEREFORD TRI CLUB	00:09:04	188	00:03:01	01:01:28	237	00:01:32	00:40:56	313	01:56:00	+00:42:49
274	282	Emma JONES	F	75	Veteran	91		00:08:24	148	00:02:15	01:11:12	328	00:00:56	00:33:16	193	01:56:02	+00:42:51
275	165	Daniel Cluroe	M	147	Open	110		00:11:02	309	00:03:10	01:04:21	273	00:04:24	00:33:18	196	01:56:14	+00:43:03
276	303	Caitlin BURKE	F	76	Open	111		00:07:19	54	00:03:21	01:05:46	281	00:01:02	00:39:02	298	01:56:30	+00:43:19
277	32	Nicola Corston	F	77	Veteran	92	Teme Leisure Tri	00:09:47	249	00:03:29	01:04:33	274	00:01:45	00:36:57	278	01:56:30	+00:43:19
278	141	Jessica COOK	F	78	Open	112		00:10:55	304	00:03:12	00:59:52	213	00:01:56	00:40:47	312	01:56:43	+00:43:32
279	6	Hannah FLETCHER	F	79	Open	113		00:13:28	344	00:02:00	01:09:36	321	00:01:05	00:30:58	125	01:57:07	+00:43:56
280	71	Caroline PRENTICE	F	80	Super Vet	57	LUDLOW RUNNERS	00:11:14	315	00:02:55	01:06:23	290	00:00:43	00:35:56	253	01:57:11	+00:44:00
281	198	Helen BURTON	F	81	Vintage Vet	10	Black Pear Joggers	00:10:18	278	00:03:28	01:04:44	275	00:02:29	00:36:16	262	01:57:15	+00:44:04
282	106	Debbie Brown	F	82	Open	114		00:10:15	273	00:03:59	01:09:26	320	00:01:12	00:32:36	173	01:57:26	+00:44:15
283	186	Samantha Hutchinson	F	83	Super Vet	58		00:09:36	229	00:03:07	01:08:30	312	00:01:41	00:34:35	220	01:57:27	+00:44:16
284	147	Becki THORPE	F	84	Open	115	Teme Leisure Tri	00:09:09	196	00:02:41	01:00:29	225	00:01:36	00:43:35	331	01:57:30	+00:44:19
285	344	Alice Pottes	F	85	Open	116	HEREFORD TRI CLUB	00:08:15	134	00:02:28	01:08:22	309	00:00:58	00:37:55	289	01:57:56	+00:44:45
286	35	Sheridan Beaman	F	86	Veteran	93	SHROPSHIRE SHUFFLERS	00:09:22	209	00:03:06	01:10:38	325	00:00:52	00:34:23	212	01:58:21	+00:45:10
287	52	Katherine Quinn	F	87	Super Vet	59		00:10:37	293	00:02:31	01:08:06	307	00:00:53	00:36:22	265	01:58:29	+00:45:18
288	262	Vincent Thompson	M	72	Super Vet	60		00:08:50	171	00:04:08	01:09:57	322	00:01:31	00:34:19	210	01:58:44	+00:45:33
289	61	Steve Chesworth	M	123	Veteran	94		00:09:45	243	00:03:37	00:57:56	176	00:01:19	00:46:11	340	01:58:48	+00:45:37
290	381	James Churms	M	16	U 21	9	SY Tri	00:07:26	67	00:02:10	01:06:01	284	00:01:05	00:42:10	322	01:58:51	+00:45:40
291	93	Gill Jones	F	88	Super Vet	61	Tri energy	00:09:16	205	00:03:06	01:07:36	300	00:01:06	00:38:18	292	01:59:22	+00:46:11
292	299	Alex Anslow	M	19	Vintage Vet	11	wolverhampton racing cycling club	00:08:13	129	00:02:38	01:03:50	267	00:01:21	00:43:40	333	01:59:41	+00:46:30
293	86	Louise Stevens	F	89	Veteran	95	Wrekin Road runners	00:09:46	246	00:02:39	01:11:21	329	00:00:58	00:35:07	239	01:59:50	+00:46:39
294	181	Daniel Wenczek	M	127	Veteran	96		00:11:12	313	00:07:16	00:59:04	204	00:02:53	00:39:28	302	01:59:53	+00:46:42
295	160	Bryan Elder	M	155	Open	117		00:08:58	181	00:02:45	01:06:03	286	00:02:03	00:40:10	307	01:59:59	+00:46:48
296	182	Jane Atkins	F	90	Veteran	97	SHROPSHIRE SHUFFLERS	00:12:59	340	00:04:26	01:05:08	277	00:01:43	00:35:46	250	02:00:03	+00:46:52
297	65	Russell Walters	M	157	Open	118	Teme Leisure Tri	00:16:00	356	00:02:56	01:07:39	301	00:01:52	00:31:57	156	02:00:23	+00:47:12
298	132	David Hebb	M	21	Vintage Vet	12	North Staffs Road Runners	00:09:47	250	00:03:34	01:07:13	296	00:01:17	00:38:35	295	02:00:26	+00:47:15
299	31	Sarah MEEK	F	91	Veteran	98	Teme Leisure Tri	00:10:26	283	00:03:19	01:05:35	280	00:00:56	00:40:19	308	02:00:34	+00:47:23
300	19	Diane STEVENS	F	92	Open	119		00:09:10	197	00:03:15	01:08:38	314	00:00:48	00:38:58	297	02:00:49	+00:47:38
301	81	Karen SHAKESPEARE	F	93	Open	120		00:10:35	291	00:03:08	01:12:17	336	00:01:11	00:33:47	205	02:00:58	+00:47:47
302	103	Natasha Head	F	94	Open	121		00:09:57	265	00:03:12	01:11:04	327	00:01:25	00:35:32	246	02:01:10	+00:47:59
303	79	Jenna CAINE	F	95	Open	122		00:08:30	151	00:02:18	01:07:42	302	00:01:20	00:41:23	316	02:01:12	+00:48:01
304	42	Liam DALY	M	75	Super Vet	62	Builth & District Run Club	00:12:04	334	00:04:24	01:08:21	308	00:01:53	00:34:43	226	02:01:25	+00:48:14
305	25	Ian TAYLOR	M	77	Super Vet	63	Tri energy	00:13:30	345	00:03:11	01:03:40	264	00:01:27	00:39:46	304	02:01:34	+00:48:23
306	37	STEVE PORTER	M	79	Super Vet	64		00:14:37	350	00:02:16	01:06:15	289	00:01:52	00:36:39	272	02:01:39	+00:48:28
307	115	Liz Jefferson	F	96	Super Vet	65	PLAYTIME PRODUCTIONS	00:10:09	272	00:05:31	01:07:15	298	00:01:45	00:37:02	280	02:01:41	+00:48:30
308	219	Kath Edwards	F	97	Vintage Vet	13		00:10:01	267	00:02:54	01:09:16	317	00:01:17	00:39:36	303	02:03:02	+00:49:51
309	242	Louise COSS	F	98	Open	123	SHROPSHIRE SHUFFLERS	00:08:49	168	00:03:27	01:11:36	334	00:01:05	00:38:11	291	02:03:07	+00:49:56
310	121	Neil Basham	M	81	Super Vet	66	PLAYTIME PRODUCTIONS	00:10:01	268	00:06:14	01:04:16	272	00:02:41	00:40:08	306	02:03:20	+00:50:09
311	175	Catherine Pound	F	99	Veteran	99	Teme Leisure Tri	00:09:07	193	00:02:41	01:08:06	306	00:01:32	00:41:56	320	02:03:22	+00:50:11
312	196	Grant Ludlow	M	83	Super Vet	67		00:09:53	261	00:04:11	01:03:22	259	00:02:29	00:43:40	332	02:03:34	+00:50:23
313	55	Pauline Sterckx	F	100	Open	124		00:09:50	259	00:04:15	01:11:30	333	00:01:24	00:36:43	274	02:03:42	+00:50:31
314	69	Debbie Morris	F	101	Veteran	100	Teme Leisure Tri	00:11:16	316	00:02:48	01:01:43	243	00:00:43	00:47:16	342	02:03:45	+00:50:34
315	176	Cinead Green	F	102	Veteran	101		00:10:18	279	00:03:18	01:11:39	335	00:00:54	00:37:48	287	02:03:56	+00:50:45
316	213	Sue Lee	F	103	Veteran	102		00:09:22	210	00:03:20	01:08:57	315	00:01:02	00:41:17	315	02:03:57	+00:50:46
317	218	Marc SOUBEYRAN	M	24	Vintage Vet	14		00:09:10	198	00:01:58	01:03:18	258	00:00:52	00:48:52	346	02:04:09	+00:50:58
318	139	Hannah Puddy	F	104	Open	125		00:08:15	135	00:03:08	01:10:27	323	00:00:44	00:41:45	319	02:04:18	+00:51:07
319	95	Paul SOCKETT	M	85	Super Vet	68		00:13:05	341	00:03:42	01:01:39	242	00:01:55	00:43:59	334	02:04:20	+00:51:09
320	76	Tom Buckley	M	164	Open	126		00:11:12	314	00:05:01	01:08:00	305	00:03:16	00:37:07	281	02:04:36	+00:51:25
321	41	LINDA OSBORNE	F	105	Super Vet	69	SHROPSHIRE SHUFFLERS	00:09:26	214	00:03:07	01:10:29	324	00:00:52	00:41:01	314	02:04:55	+00:51:44
322	23	Ian Millar	M	88	Super Vet	70		00:15:15	354	00:02:28	01:09:10	316	00:00:42	00:38:06	290	02:05:41	+00:52:30
323	330	Diane Duret	F	106	Veteran	103	CHESTER TRI CLUB	00:08:51	172	00:02:44	01:10:40	326	00:01:53	00:41:57	321	02:06:04	+00:52:53
324	158	Claire KNIGHT	F	107	Open	127	Warley wasps tri	00:11:07	311	00:03:10	01:11:24	330	00:01:52	00:38:43	296	02:06:15	+00:53:04

325	60	Rosalind BOOTH	F	108	Veteran	104	Teme Leisure Tri	00:11:30	323	00:03:17	01:07:32	299	00:01:44	00:42:16	323	02:06:18	+00:53:07
326	100	Mel Hooper	F	109	Super Vet	71	Lawley Run Club	00:10:37	294	00:02:46	01:09:21	319	00:00:59	00:43:10	330	02:06:52	+00:53:41
327	308	Sue Sowden-Munn	F	110	Super Vet	72	Tri energy	00:09:14	203	00:03:47	01:12:29	337	00:01:39	00:40:25	309	02:07:33	+00:54:22
328	75	Annabel Kyte	F	111	Open	128		00:11:34	326	00:03:30	01:15:31	346	00:01:06	00:35:58	254	02:07:38	+00:54:27
329	251	Jacqui Williams	F	112	Veteran	105		00:09:41	234	00:02:54	01:12:33	338	00:01:02	00:41:41	318	02:07:49	+00:54:38
330	91	Samantha Churms	F	113	Super Vet	73	SY Tri	00:11:51	330	00:03:02	01:08:31	313	00:03:01	00:43:02	329	02:09:26	+00:56:15
331	277	Beth Hunt	F	114	Open	129	HEREFORD TRI CLUB	00:08:03	116	00:02:51	01:08:27	310	00:01:16	00:48:52	347	02:09:29	+00:56:18
332	40	Wendy Booker	F	115	Super Vet	74	Teme Leisure Tri	00:11:51	331	00:04:23	01:15:00	344	00:02:40	00:36:12	260	02:10:05	+00:56:54
333	82	Tom Dellicompagni	M	168	Open	130	STAFFORD TRI CLUB	00:06:46	23	00:01:44	01:07:55	304	00:01:59	00:52:08	349	02:10:32	+00:57:21
334	8	James JACKSON	M	139	Veteran	106	Teme Leisure Tri	00:09:42	236	00:02:47	01:07:15	297	00:03:22	00:48:26	345	02:11:31	+00:58:20
335	128	Tracy RICKETTS	F	116	Super Vet	75	Teme Leisure Tri	00:10:40	296	00:03:01	01:04:11	271	00:00:54	00:53:10	351	02:11:55	+00:58:44
336	117	Shirl Wood	F	117	Veteran	107	Telford Tri Club	00:10:16	276	00:04:05	01:11:25	331	00:01:11	00:45:11	337	02:12:08	+00:58:57
337	38	Catharine Booth	F	118	Super Vet	76		00:14:21	348	00:04:07	01:12:48	340	00:01:31	00:39:52	305	02:12:39	+00:59:28
338	59	Camilla WINDER	F	119	Veteran	108		00:13:06	342	00:03:38	01:15:05	345	00:01:38	00:40:37	311	02:14:04	+01:00:53
339	39	Ian Hoy	M	96	Super Vet	77		00:11:00	306	00:05:25	01:12:43	339	00:03:34	00:41:29	317	02:14:10	+01:00:59
340	98	Douglas DAVIES	M	4	Super Vin Vet	2	SY Tri	00:13:51	346	00:03:19	01:06:33	292	00:02:49	00:47:49	343	02:14:22	+01:01:11
341	66	Stacey Hooper	F	120	Open	131	Lawley Run Club	00:11:08	312	00:03:41	01:16:15	347	00:00:54	00:42:45	326	02:14:42	+01:01:31
342	16	Amy Wall	F	121	Open	132	Teme Leisure Tri	00:09:26	215	00:02:32	01:16:26	348	00:01:34	00:45:01	336	02:14:59	+01:01:48
343	107	Robyn Jones	F	122	Open	133		00:09:48	253	00:04:34	01:16:52	349	00:01:49	00:42:47	327	02:15:50	+01:02:39
344	126	Sarah Green	F	123	Open	134	Warley WASPS Tri & Run Club	00:11:46	329	00:03:55	01:14:29	343	00:01:18	00:45:17	338	02:16:45	+01:03:34
345	12	Bryan Markham	M	6	Super Vin Vet	3	Croft Ambry Run Club	00:14:30	349	00:06:29	01:11:26	332	00:01:53	00:42:43	325	02:17:00	+01:03:49
346	74	Jenna Hawkins	F	124	Open	135		00:13:08	343	00:03:14	01:13:32	342	00:00:52	00:48:02	344	02:18:47	+01:05:36
347	148	Grace JOHNSON	F	125	Open	136	Teme Leisure Tri	00:09:48	254	00:03:01	01:07:43	303	00:01:27	00:56:52	353	02:18:50	+01:05:39
348	58	Mark Redmond	M	145	Veteran	109		00:09:46	247	00:03:45	01:13:10	341	00:01:43	00:52:08	350	02:20:31	+01:07:20
349	140	Shane Sissons	M	176	Open	137	Telford Tri Club	00:10:32	289	00:04:37	01:05:29	279	00:02:05	00:57:57	354	02:20:39	+01:07:28
350	4	Linda McMahan	F	126	Super Vet	78	Ludlow Teo club	00:14:39	351	00:04:52	01:18:23	350	00:01:30	00:42:48	328	02:22:10	+01:08:59
351	30	Dave Goode	M	177	Open	138		00:12:30	336	00:06:05	01:08:28	311	00:01:45	00:54:54	352	02:23:42	+01:10:31
352	51	Deb Hyrons	F	127	Super Vet	79	Tri energy	00:10:51	303	00:04:24	01:30:51	353	00:01:39	00:46:11	341	02:33:56	+01:20:45
353	80	Clare Smith	F	128	Open	139	Telford Tri Club	00:14:01	347	00:04:34	01:30:59	354	00:01:17	00:45:40	339	02:36:31	+01:23:20
354	10	Nicola Daniels	F	129	Super Vet	80		00:15:09	353	00:04:33	01:32:15	355	00:01:17	00:50:54	348	02:44:07	+01:30:56
355	110	Chrissie Rowlands	F	130	Open	140		00:11:16	317	00:05:30	01:22:43	351	00:01:44	01:03:10	356	02:44:22	+01:31:11
356	46	Jane Magee	F	131	Super Vet	81	SHROPSHIRE SHUFFLERS	00:14:59	352	00:05:53	01:38:32	357	00:01:55	00:44:42	335	02:46:00	+01:32:49
357	116	Wendy HOLLAND	F	132	Veteran	110		00:12:36	338	00:04:29	01:30:18	352	00:02:38	00:59:18	355	02:49:18	+01:36:07
358	70	Heather Brennan	F	133	Open	141	Telford Tri Club	00:11:33	324	00:06:51	01:35:18	356	00:01:54	01:10:57	357	03:06:32	+01:53:21
DNF	3	Rachael JONES	F		Open	143		00:11:38		00:03:23	01:10:17		00:01:03			00:00:00	
DNF	410	Louise GRIFFITHS	F		Open	142	HEREFORD TRI CLUB	00:06:48		00:02:19			01:24:18			00:00:00	
DQ	343	Andrew Burns	M	106	Super Vet	82	Warley WASPS Tri & Run Club	00:07:00		00:02:11	00:50:55		00:00:43	00:28:27		00:00:00	
DQ	347	Julian Smith	M	149	Veteran	111	BASC TRI	00:07:40		00:01:31	00:50:51		00:00:35	00:26:40		00:00:00	
DQ	350	Paul Rogers	M	107	Super Vet	83	Black Country Triathletes	00:07:54		00:01:29	00:46:20		00:00:38	00:23:33		00:00:00	

Number Entered 420
Number Registered 363
No Shows 57
Finishers 358
Did Not Finish 2
Disqualified 3
Total Males 225
Total Females 133

U 21	15-20	9
Open	21-39	143
Veteran	40-49	111
Super Vet	50-59	83
Vintage Vet	60-69	14
Super Vin Vet	70-79	3
Classic	80+	0