

SWIMMING POOL PROGRAMME *Teme SpArC*

 MAIN POOL

	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10
MON	Lane Swimming		Schools		Parent & Toddler	50+	Schools			Public Session 1 Lane	Childrens Lessons	Aqua	Public Session 1 Lane	Private Hire		
TUES						Schools					Childrens Lessons		Public Session 1 Lane	Adult Lanes		
WED	Lane Swimming					Schools					Childrens Lessons	Family Fun	Public Session 1 Lane	Adult Lanes		
THUR						Schools					Childrens Lessons		Public Session 1 Lane	Ladies Only		
FRI	Lane Swimming					Schools					50+	Family Fun	Public Session 1 Lane	Adult Lanes		
SAT			Childrens Lessons	Family Fun	Public Session	Available for Hire see page 16										
SUN				Public Session	Available for Hire see page 16											

SCHOOL HOLIDAYS

All children under 4yrs must be accompanied in the water by an adult (16+) on a one to one basis. Children aged 4-7 must be accompanied in the water on a one to one adult to two children ratio.

	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10
MON	Lane Swimming							50+	Family Fun	Public Session 1 Lane		Aqua	Public Session 1 Lane	Private Hire		
TUES									Family Fun		Public Session 1 Lane			Adult Lane		
WED	Lane Swimming								Family Fun		Public Session 1 Lane			Adult Lane		
THUR									Family Fun		Public Session 1 Lane			Ladies Only		
FRI	Lane Swimming								Family Fun	Public Session 1 Lane	50+		Public Session 1 Lane	Adult Lane		